## WHAT IS CLAIMED IS:

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A method for reducing the number of metastases in an animal exhibiting a primary tumor comprising administering to said animal a subcytoprotective dose of a phosphorothicate or active metabolite thereof.

wherein the dose is about 10 mg/kg to about 150 mg/kg.

3. The method of claim 1, wherein the dose is about 10 mg/kg to about 100 mg/kg.

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- 4. The method of claim 1, wherein the dose is about 10 mg/kg to about 50 mg/kg.
- 5. The method of claim 1, wherein the dose is about 10 mg/kg to about 25 mg/kg.

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6. The method of claim 1, wherein said animal is a human.

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7. The method of claim 1, wherein said tumor is a sarcoma or carcinoma.

8. The method of claim 1, wherein said compound is an aminoalkylphosphorothiate compound.

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9. The method claim 8, wherein said active derivative is the thiol form.

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11. The method of claim 1, wherein said compound is selected from the group consisting of WR-2721 (amifostine), WR-1065, WR-638, WR-77913, WR-33278,

The method claim 8, wherein said active derivative is the disulfide form.

WR-3689, WR-2822, WR-2529, WR-255591, WR-2823, WR-255709, WR-

151326 and WR-151327.

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- 12. The method of claim\_1, wherein said compound's route of administration is intravenous, intraperitoneal, intradermal, intramuscularal, dermal, masal, buccal, rectal, vaginal, inhalation, or topical.
- The method of claim 1, wherein said compound is formulated into solutions, suspensions, tablets, pills, capsules, sustained release formulations, powders, creams, ointments, salves, sprays, pumps, liposomes, suppositories, inhalers, and patches.
- 14. The method of claim 1, further comprising administering at least one other cancer therapy.
  - 15. The method of claim 14, wherein the other cancer therapy is chemotherapy.
- 16. The method of claim 15, wherein the chemotherapy comprises administering a DNA damaging agent or enzyme inhibitor to said animal.
  - 17. The method of claim 14, wherein the other cancer therapy is radiotherapy.
- 20 18. The method of claim 17, wherein the radiotherapy comprises gamma-, x-, neutron, high LET particles or UV-irradiation.
  - 19. The method of claim 14, wherein the other cancer therapy is gene therapy.
- 25 20. The method of claim 19, wherein the gene therapy comprises providing to a cell of said animal a tumor suppressor, an inducer of apoptosis, an antisense oncogene, angiostatin and other inhibitors of angiogenesis.
  - 21. The method of claim 14, wherein the other cancer therapy is surgery.

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22. The method of claim 21, wherein the surgery is tumor resection.

The method of claim 1, further comprising monitoring the ability of the subcytoprotective dose of a phosphorothioate or active metabolite to reduce metastases in the animal.

- 24. The method of claim 23, wherein the monitoring comprises measuring the level of angiostatin stimulation.
- The method of claim 23, wherein the monitoring comprises measuring the level of activity of a matrix metalloproteinase.
  - 26. The method of claim 25, wherein the matrix metalloproteinase is MMP-2.
- 15 27. The method of claim 25, wherein the matrix metalloproteinase is MMP-9.
  - 28. The method of claim 23, wherein the monitoring comprising measuring the stimulation of MnSOD.
- 20 29. The method of claim 28, wherein the measuring of MnSOD stimulation comprises measuring the stimulation of MnSOD gene expression.

A method for inhibiting metastasis in an animal exhibiting a primary tumor comprising administering to said animal a subcytoprotective dose of a phosphorothioate or active metabolites thereof.

31. A method for preventing metastasis in an animal exhibiting a primary tumor comprising administering to said animal a subcytoprotective dose of a phosphorothioate or active metabolites thereof.

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